

# KLC ANNOUNCEMENTS

## SUNDAY APRIL 14

**9:30AM Worship in the Sanctuary and Livestream Worship Service**  
**Tormod Svensson Preaching & Presiding**  
**THIRD SUNDAY OF EASTER**

**Acts: 3:12-19 1John 3:1-7 Luke 24:36b-48 Psalm: 4**

## THIS WEEK APRIL 15 - APRIL 21

MON. Apr. 15: **Church Office Closed**

**5:00 PM Kent Community Supper**

TUES. Apr. 16: 6:00 PM Council Meeting ZOOM

WED. Apr. 17:

THUR. Apr. 18: **4:00 PM Thursday Supper**

FRI. Apr. 19: **2:00 PM Memorial Service for Gayle Evetts**

SAT. Apr. 20:

SUN. Apr. 21: 9:30 AM Informal Worship Service in the Sanctuary and on YouTube

## MARK YOUR CALENDAR

SAT. Apr. 27: 10:00 AM

Centering Prayer in the Prayer Chapel and ZOOM

SUN. May 5: 11:10 AM

Cinco de Mayo Street Tacos for Coffee Hour after worship

WED. May 8: 5:30 PM

Outreach International Dinner

## COOKIES FOR GAIL EVETTS MEMORIAL



The memorial service for our dear friend and member, Gayle Evetts, will be held on Friday, April 19 at 2:00 PM.

If you would like to help provide cookies for the reception, please let the church office know. Thank you so much!





## April 2024



Apr 1	Lacey Reed	Apr 2	Art Workman	Apr 4	Jessica Humphries
Apr 5	Joseph Dube	Apr 6	Stephen Anderson	Apr 6	Connie Appleyard
Apr 8	Ardis Anderson	Apr 9	Dawn Dohrmann	Apr 10	Penny Nobis
Apr 21	Mike Bentz	Apr 21	Alden Pulver		

## Anniversaries



Apr 20 Carl and Sue Pederson (39)

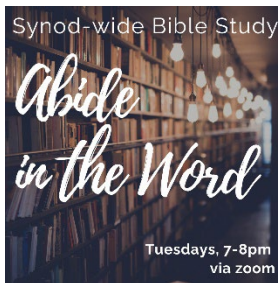
## SOCIAL CONCERNS – DON'S PLACE



The Social Concerns Committee delivered your toiletry donations to Don's Place. The delivery date was Monday, April 1.

**We heartily thank you for your donations!**

## ABIDE IN THE WORD BIBLE STUDY



### ABIDE IN THE WORD BIBLE STUDY Tuesdays, 7-8pm via Zoom

This is a year-long, Synod-wide weekly Bible Study that takes participants on a deeper dive into the coming Sunday's Lectionary text. Participants will have the chance to experience diverse perspectives and voices from various guest facilitators from across the synod.

This is a **FREE** LIVE offering! No registration needed! YES, you may join in any week at this link: [HERE](#)

## APRIL 2024 LUTHERAN COUNSELING NETWORK

April Audrey was a challenge. She came into Sunday school like a tiny tsunami – rushing around the room, disrupting lessons, hiding behind a barrier, and distracting the other children. I responded as best I could, attempting to redirect her, enticing her into sitting with the others, setting boundaries with firmness and kindness. Nothing was working. One day I watched Casey as she peeked under the barrier at Audrey, asking her to come out. “You can sit with me,” Casey gently invited. As the rest of us watched with amazement, Audrey crawled out from under the barrier. She sat right next to Casey. And later, in our prayer circle, she sat in the bigger girl’s lap. Casey seemed to understand what Audrey needed; an invitation, an offer to stay close, a way into the community. Little by little, with Casey’s help, Audrey joined our class and began to participate. Later Audrey wrote this prayer: “To God, I open my whole self. To breathe (stet), to pray, to be holy (stet). Listen to God and be safe. You have the courage (stet) to do it. Amen.” Casey had opened a way for Audrey to come into our community and into relationship with God. And in her prayer, Audrey seemed to be opening the way for others. This is Jesus’ way of invitation. Written by a staff member of Lutheran Counseling Network



## FROM THE VEEP APRIL 2024



“I lift up my eyes to the hills.” Psalm 121: 1

Cell phones are changing the shape of our eyeballs. I heard that in a movie recently, but I verified that scientists agree that this is so. Apparently, research done by ophthalmologists in 2021 shows that our increased screen time is elongating our eyeballs, making us increasingly nearsighted. When many of us increased our screen time during the pandemic shutdown, there was concern that this would cause new levels of eye dysfunction and it appears those fears were justified.

I was myopic/nearsighted well before the technology existed for what we now refer to as “screen time.” Even back in the 1970s when I was first diagnosed with myopia, there were researchers looking into whether people like me who did a lot of “close work” like reading and writing were making ourselves myopic or whether myopic people preferred close work, because we see best at shorter distances. Now, with increasing cases of myopia seeming to correlate with screen time, it appears that the former hypothesis may be the correct one.

Luckily, research also shows there are things we can do about this shortsightedness. First, spend more time outdoors. Studies have shown that increased sunlight decreases myopia progression. Perhaps even more important, though, is taking breaks to help the eyes rest. One suggestion is the 20-20-20 model which encourages people to take a break every 20 minutes to look at a distance at least 20 feet away for 20 seconds. My own optometrist suggested this to me, though with less specificity. Every now and then, I was told, stop and shift your gaze to a more distant view.

Not only does taking our eyes off our screens, going outside, and gazing at the horizon help our eye shape, it also allows us to reorient ourselves and see the world anew. We begin to see the forest, as well as the trees. Lifting our eyes to the hills connects us once again to God and the wonders of creation. Recently, I had the pleasure of worshipping in two different sanctuaries where the windows behind the altar open out on a natural vista. How lovely it was to lift my eyes during worship to see trees swaying gently in the background.

This year, our Synod Assembly theme is “We Lift our Eyes.” We lift our eyes to see God, our neighbor, and where God is calling us. We lift our eyes to become more farsighted, to watch what God is doing in the world. We lift our eyes metaphorically, to envision God’s purpose for us.

There is a ton of information about the assembly on the synod website. We are still looking for volunteers to help with the event itself, and also nominees for various council, committee, and Churchwide Assembly positions. We hope you will join us as we lift our eyes!

[www.lutheransnw.org/synod-assembly](http://www.lutheransnw.org/synod-assembly)

Here's what the Synod Council and/or I have been up to in March:

- ELCA Synod VP Gathering: I attended this event in Chicago from March 7-9. Among other activities, we engaged in a hearing for the draft work on the new Civic Life and Faith social statement.
- Synod Council met on March 16, 2024. Among other actions, we welcomed ELCA VP, Imran Siddiqui via Zoom and celebrated Hope Church, Lake Stevens, as a new Synod Authorized Worship Community.
- Diversity, Equity, Inclusion, and Belonging Assessment: Our DEIB Assessment team held our first training on March 23, 2024.

Kay Edgerton

Vice President of the NW Washington Synod [veep@lutheransnw.org](mailto:veep@lutheransnw.org)

## REMEMBER IN PRAYER

### FOR HEALING AND HOPE:

Mike Hobart, Heather, Athena Pederson, David Pitts, Jill, Patricia Niles, Christopher Gadd, Jayden Paulson, Sara, Adam & family, Jean, David, Jacklyn, Jill, Ted Yanez, Sue Parmentor, Jennifer Morton, Amelia, Lonnie Ashley, Dave Bratz, Jack, Jaclyn, Patti, Tim Hillerman, Don Clark, James & Karen Campbels, Sheila & Aurora, Cleo Lealos, Lori Sutter

### FOR THOSE MOURNING THE DEATH OF LOVED ONES:

Gayle Evetts, Robert Oakerson, Stacy Williams, Jamie

### MINISTRIES SUPPORTED:

Natl. ELCA Bishop Elizabeth Eaton & NWWA Bishop Shelley Bryan Wee, Holden Village

### GLOBAL MINISTRY SUPPORTED:

ELCA African Mission in South Sudan, Massae Girls Lutheran secondary School

### LOCAL PARTNERS IN MINISTRY:

St. James Episcopal, Cross & Crown Lutheran, Greater Church Council of Seattle, ECEAP Teachers, Students & Parents

### NWWA SYNOD MISSION STARTS:

Stilly Valley Dinner Church, Living Stones Northwest Exploration, Bethel Ethiopian Church of Seattle

### KLC MINISTRIES:

Executive Committee, Memorial Committee, Adult Ministries, Social Concerns

### PRAYERS FOR MEDICAL PERSONNEL:

Michelle (Bentz) Cordova, Randy Mertes, Adrienne Kleven, Amy Driggers, Matt Bremmer

### LIVING WITH AND IN TREATMENT FOR CANCER:

Jason Thomas, Bob Blakemore, Leticia Garcia, Edna Neuharth, Carol Fettig, Gail Clark, Mike Ellers, Susan Davis, Diane Watanabe, Dewey Spencer, Raynisha Kundert, Emma Bryant, Shannon Meyers, Betty Repp, Suzy Richardson, John Stefer, Deborah Simmons, Mary Vermeersch, Rob Connery, Evelyn Gregory, Christine Miller, Margie Windstrom, Lee Shephard, Cheryl Kincer, Ferne Neeb, Ricardo Gebrera, Daphne Jean, Netia Hancock, Linda Lee, Bob Oberto, Kim Wilbur, Rachel Key, Karen Young, Anna Hart, Marlyn, April, Don Long, Shaunette B, Linette Lasher, Barb Olson, Marit, Kitty B, Elaine Hammack, Ruthie, Roy, Clarence Devela, Mary Smalley, Jeff Marsh, Teresa S., Pam, Sally, Frances Lund, Kevin, Jay, Mogi, Debi, Doreen Twohy, Julie Murphy, Lisa, Tim Clokey, Brenda Graham-Blizzard, Kerry Farnham, Betty Macneeham, George Roney, Sandi, Lori Arndt, Kimberly, Jeri Williams, Myriah Perez, John Shearer, Karen Sue Campbell, Jeff Hash, Cathey Scheu, Fran Weinberg, Nancy Early, Walter Sippel, Pam Carter, Shawn Dickerson, Lori Sutter, Jeremy Bjork, Lou Faehnrich, Kelly Wilson, Dolores Walkenhorst, Jerry Cox, Mary Hyde, Jeff Ganzer, Matthy Welling, Stacy Gavino, Laura Graham, Kelly Wilson, Bruce Prinz, Kate Frey, Miles Cherry, Kara Paulson, Wayne Daily, Kathleen, Cathy Serly, Ken Artis Stevens, Daniel Boaz, Mike Hawley, Jean Hasbargen, John Schuster, Sue Gurley, Pat Fish, Kristie Vandersluis, Don Kosen, Bruce Hansen, Jean Flewelling, Bob Strom Jr., Jo Ann Philpot, Russ Forcum, Jen Morton, Lori Sutter

## MILITARY

Cale Stevens  
Tim Denegar  
Mark Parlin  
Kyle Music  
Tia Maria Hawk  
Caleb Pulver  
Sean Clausen  
Cassie Pineda  
Eric Worsham  
Jeremy Lytle

Corey Molsberry  
Mike Voit  
Amanda Clark  
Timothy Jacobson  
Vernon O'Neill  
Derrick Salmund  
Ryan Krantz  
Sean & Daniel Cook  
Bobby Jones  
Theressa Luna

Anthony Buedhler  
Troy Merkel  
Jonathan Kundert  
Lane Cordova  
Jayce Allen  
Chad Gallinger  
Jake Schuster  
Jenifer Osborne

## STEWARDSHIP

### Offerings

Here are some ways you can contribute to our KLC Ministry:

- 1) Mail a check to Kent Lutheran Church. Our mailing address is: 336 Second Ave S, Kent WA 98032-5849.

There are several methods available for electronic giving:

- 2) Set up bill pay through your bank and the bank will send a check to KLC. You can set up a one-time payment or a recurring payment using this method.
- 3) Simply Giving – you fill out a form (available through the church office) and give the form and a cancelled check to our financial secretary, Kathy Nixon. Kathy enters your information and the fund transfer(s) occur as you specify. When you want to make changes, contact Kathy and she can process the changes.
- 4) Donate Using Kent Lutheran's Website. Use the "Make a Donation" button on our webpage [www.kentlutheran.org](http://www.kentlutheran.org). Pressing this button takes you to a Kent Lutheran screen on a secure server. You are asked to create a giving profile or to login to a profile you have already created. You specify what amounts you want to contribute and if you want to make recurring donations.

Sean Haley, Director of Music Ministries  
Jody McCaw, Office Ministries Manager  
Mona Lee, Treasurer  
Kathy Nixon, Financial Secretary  
Joseph Lual, Seminarian

**OUR VISION**

Kent Lutheran Church is a  
Christ-centered sacred place  
for spiritual, cultural and  
community enrichment.

**TODAY: APRIL 14, 2024. THANK YOU!**

<b>Bread Provider:</b>	Mike Bentz	<b>Communion Set Up:</b>	Barb Anderson
<b>Ushers:</b>	Lisa Kurth Tom Calvin Eliza Daniel	<b>Worship Team:</b>	Barb Anderson  Cindi Bentz Mike Bentz Isaiah Shim
<b>Greeter:</b>	Marilyn Bowman		
<b>Coffee Hour Host:</b> Adult Education			



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[www.kentlutheran.org](http://www.kentlutheran.org)

Church Office Hours  
Tuesday-Friday  
10:00am-2:00pm

***KENT LUTHERAN CHURCH***

*Lives and celebrates the accepting love of Christ*